Reading yourself and others is a lifelong process: unpredictable and full of surprises, alive and exciting, dramatic and comical.

Recorded in our memory are events and experiences that we shared and created with parents, relatives as well as visible and invisible friends; until schooling and adulthood when we contemplate ways of expressing ourselves to find the authenticity that makes us who we are.

Embark on a journey with the person who will recall his experiences of reading himself and others with you in an effort to share moments of sensory knowledge and insight.